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### Elevated Erythrocyte CDP-Choline Levels Associated with $\beta$ -Thalassaemia in Patients with Transfusion Independent Anaemia

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## Elevated Erythrocyte CDP-Choline Levels Associated with $\beta$ -Thalassaemia in Patients with Transfusion Independent Anaemia

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### ABSTRACT

The accumulation of CDP-ethanolamine as well as CDP-choline in a small cohort of patients with normal UMPH1 and no defined cause for their anaemia suggested a defect in both phosphotransferases. Here we report 10 patients with transfusion independent  $\beta$ -thalassaemia; 8 being pure heterozygotes and 2 heterozygotes also for Hb E. Mean CDP-choline ( $86.0 \pm 48 \mu\text{M}$ ) and CDP-ethanolamine ( $34.6 \mu\text{M} \pm 34.5 \mu\text{M}$ ), mean control  $<3 \mu\text{M}$ . Elevated CDP-choline in patients with no defined cause for their haemolytic anaemia was previously suggested as a possible indicator of CDP-choline phosphotransferase deficiency. Here we associate it with transfusion independent  $\beta$ -thalassaemia.

**Key Words:** Beta-thalassaemia trait; CDP-choline; CDP-ethanolamine; CDP-choline phosphotransferase; Haemolytic anaemia; Basophilic stippling.

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## INTRODUCTION

Haemolytic anaemia with basophilic stippling is characteristic of pyrimidine 5'-nucleotidase (UMPH1) deficiency.<sup>[1]</sup> The selective accumulation of CDP-choline in high concentrations in the erythrocytes of a patient with haemolytic anaemia and a normal UMPH1 activity was first reported by Paglia et al.<sup>[1]</sup> A defect in CDP-choline phosphotransferase which catalyses the last stage of lecithin biosynthesis was suggested. The selective accumulation of CDP-choline is thought to occur in the erythroblast as CDP-choline phosphotransferase has been shown to be inactive in the mature erythrocyte. The accumulation of CDP-ethanolamine as well as CDP-choline in a small cohort of patients with normal UMPH1 activity and either unexplained haemolytic anaemia, or secondary to chronic renal failure, led us to postulate the existence a defect in both phosphotransferases.<sup>[2]</sup>

## METHODS

Two groups of patients contributed to the study: Ten healthy controls and ten patients with  $\beta$ -thalassaemia intermedia, all having transfusion independent disease. Eight were typed as simple  $\beta$ -thalassaemia heterozygotes and a further two patients were heterozygous for  $\beta$ -thalassaemia and Haemoglobin E. All had normal UMPH1 activity.

Erythrocyte nucleotide extracts were prepared from venous blood separated and washed as described previously.<sup>[3]</sup> TCA-soluble components in the supernatant following centrifugation were back-extracted with water-saturated diethyl ether, and frozen at  $-20^{\circ}\text{C}$  if not analysed immediately by anion exchanges HPLC with in-line diode-array detection as described.<sup>[3]</sup>

## RESULTS

The  $\beta$ -thalassaemia patients had elevated concentrations of CDP-choline ( $86.0 \pm 48 \mu\text{M}$ ) and CDP-ethanolamine ( $34.6 \pm 34.5 \mu\text{M}$ ), compared with

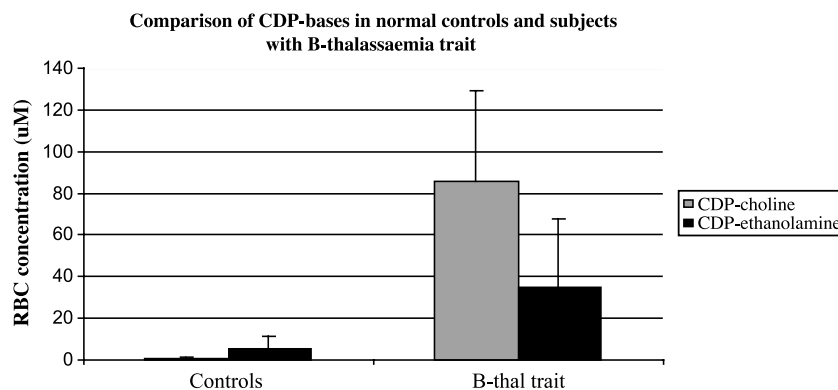


Figure 1.

less than 3  $\mu$ M in controls (Fig. 1) and was significant for both components ( $p = 0.002$  for CDP-choline,  $p = 0.02$  for CDP-ethanolamine).

## DISCUSSION

The patients in this report with transfusion independent  $\beta$ -thalassaemia. all had CDP-choline levels in excess of their CDP-ethanolamine ( $p = 0.002$ ). These findings contrast with our earlier results in patients also with normal UMPH1 and raised CDP-choline/ethanolamine but no other cause of their anaemia where this ratio was reversed,<sup>[2]</sup> Elevated erythrocyte CDP-choline in patients with no defined cause for their haemolytic anaemia was suggested first by Paglia<sup>[1]</sup> as an indicator of CDP-choline phosphotransferase deficiency. The accumulation of CDP-ethanolamine as well as CDP-choline in our small cohort of patients with normal UMPH1 activity and either unexplained haemolytic anaemia, or secondary to chronic renal failure, led us to postulate a defect in both phosphotransferases. Correction of the haematological profile following successful renal transplantation in one renal failure patient implied possible heterozygosity for this defect.<sup>[2]</sup>

The elevated concentrations of both CDP-choline and CDP-ethanolamine found here in a group of patients with transfusion independent  $\beta$ -thalassaemia raises the possibility that elevated erythrocyte CDP-choline/CDP-ethanolamine is either a consequence of the haemolysis of  $\beta$ -thalassaemia or a consequence of a number of different haemolytic anaemias. Work is ongoing to characterise a variety of haemolytic anaemias and to identify any similar association with elevated CDP-choline/ethanolamine concentrations.

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